

Zumbathon

Fitness, Health & Wellness Fair



What: A fundraiser for Domestic Abuse Awareness

When: June 18, 2011, 10 am - 2 pm

Where: Bolingbrook Recreation & Aquatic Complex
200 S. Lindsey Lane, Bolingbrook, IL 60440

Admission: Adults (16 & up) \$10
Children 15 and under - FREE!
Tickets available at W2WCSI office, any volunteer, or
at: <http://zumbathon2011.eventbrite.com>

Hosted by: Woman2Woman CSI is a 501(c)3 non-profit organization with
a mission of domestic violence awareness & prevention



Featuring:

- * Zumba classes throughout the event
- * Self-Defense demonstrations
- * Sean Karaffa (Cooking with Kidz): Super Fruit Health Benefits -The Banana
- * Jennifer Weggemen (Certified Compass Coach): Take Back Your Energy
- * Body fat analysis by Bolingbrook Park District personal trainers
- * Chair Massages by Bolingbrook Park District massage therapists
- * Community Blood Drive with Heartland Blood Center
[please schedule appointment in advance at www.heartlandbc.org]
- * Raffle prizes & goodie bags

Medical Screeners & Exhibitors:

- * Accelerated Rehabilitation Centers - physical therapy
- * Buchar Family Chiropractic - chiropractic screenings
- * DuPage Medical Group - OB/Gyn & Dermatology departments
- * Woodward Medical - bone density scans & pain management info
- * Arbonne International with Julie Kacin Lavoie
- * Ardyss International with Deborah Farmer
- * Earth & Water Wellness with Vicki Gerberich, Certified Nutritionist
- * It Works Global / Ultimate Body Applicator with Marcia McCloud
- * Kathy's Catering & More
- * L'Bri Pure N' Natural with Pam Gray
- * Rich Daddy's Girl with Dorris Burch
- * Shaklee with Laura Schuurman
- * Tastefully Simple with Joyce Deckinga
- * Total Ohm Fitness with Melinda Strelak
- * Walking the Tao Body Work with Camille Sanders
- * Z Fitness Zone - Zumba with a Personal Touch

Special Thanks to our Supporters at

